

## **Volleyball Camp - Player Evaluation**

Camper Name:

Alyssa Snary

Report Date:

03/14/2025

Coach:

Roberto Santasofia

## Coachability / Competitiveness

Player Development Path

Competitive

Coachability

**Growth Mindset** 

Consistent & high-level performance of all skills, fundamentally sound, develop mental toughness to execute and perform under pressure. Ability to be fully aware of own play as well as opposing teams. Better the ball at all times, better the teammates and celebrate others success. Ability to watch films of own play, learn and improve, watch opposing teams and come up with strategies to

Seeks out challenges, desire to overcome obstacles and continues to put in effort in the face of failure. The success of others inspires them to be better. A Growth mindset helps us to look at things from multiple perspectives to persevere through adversity.

## Volleyball Skill Set

Serving

Advanced

Passing / Defense

Intermediate

Hitting

Advanced

Can perform standing and jump float at the high and consistent level. Is able to serve deep, short and serve zone.

Can perform pass/dig at the 5 out of 10 or 50% level with some in system balls. Good control on free balls and easy driven balls, but control level drops with the hard driven balls. Solid communication before and after pass/dig. Can work on anticipation level especially when balls are out of reach.

Can perform a proper approach with all of the attack options and is effective with it - shots off the block (using the hands), high sets, low sets, sets off the net, off-speed shots, tipping, and a variation of play sets including back court hitting options.

Blocking

Intermediate

Setting

Intermediate

Can perform shuffle blocking, cross swing blocking and full swing blocking. Good shoulder and hand positioning, needs to work on penetration as well as court vision.

Can get the feet under the ball, hands up early, body in a neutral and squared position and able to set all zones. Can effectively distribute the ball in both serve receive and defensive transition scenarios.

## **Coach Evaluation**

It was a pleasure coaching Alyssa, she has a good foundation to be a strong Outside Hitter on any team. Alyssa has a strong platform and is passing a lot of balls in the middle of the court leading her setter which will always make her team successful. Alyssa also does a great job setting out of the system. Lastly, Alyssa has a strong jump float serve. There is always room for growth so we suggest that Alyssa keep working on her approach and arm swing. Additionally her footwork in serve/receive and platform angles.

Thank you for all of your hard work and willingness to learn we hope to see you again soon!